



Security & Safety Tip Line for EC Students  
[tipline.eastsidecatholic.org](http://tipline.eastsidecatholic.org)

# October



## Cyberbullying Facts

Teen bullying and cyberbullying are at an all time high. Bullying is a problem that affects millions of students of all races. One out of four kids is bullied, and depending on their age, up to 43% of students have been cyberbullied.

### Cyberbullying Statistics

- 35% of kids have been threatened online. Nearly one in five have had it happen more than once
- 58% of kids admit someone has said mean or hurtful things to them while online. More than four out of 10 say it has happened more than once
- 58% have not told their parents or an adult that someone hurtful was said

### When does cyberbullying become a crime?

- Harassing someone, especially if the harassment is based on gender or racism
  - Making violent or death threats
- Making obscene and harassing phone calls and texts
- Taking a photo of someone in a place where they expect privacy

If you or someone you know needs support, visit

[stompoutbullying.org/helpchat](http://stompoutbullying.org/helpchat)

## What Can You Do?

### Monday, October 5

- #BlueUp: Wear blue to help change the bully culture

### Week of October 5

- Make friends with someone you don't know and challenge others to be kind

### Week of October 12

- Stand up for others if someone is being bullied online.

### Week of October 19

- Include others and use the hashtag #HereForYou on social media

### Week of October 26

- Have meaningful conversations with your peers on how you can change the bully culture.

## Counselor Corner

- October is National Bully Prevention Awareness
- Unity Day on October 21, Wear Orange
- Red Ribbon Week, October 23-31

