



Athlete/Parent Concussion and Sudden Cardiac Arrest Awareness Consent Form

CYO Athletics believes participation in athletics improves physical fitness, coordination, self-discipline, and gives youth valuable opportunities to learn important social and life skills.

With this in mind it is important that we do as much as possible to create and maintain an enjoyable and safe environment. As a parent/guardian or athlete you play a vital role in protecting participants and helping them get the best from sport.

Athlete and parent education in this area is crucial, which is the reason for the Concussion Management and Sudden Cardiac Arrest Awareness information sheets you received. Refer to them regularly.

This form must be signed annually by the parent/guardian and student prior to participation in CYO Athletics. It will be kept on file at your participating parish/school. If you have questions regarding any of the information provided in the pamphlet, please contact the athletic director at your school.

I HAVE RECEIVED, READ AND UNDERSTAND THE INFORMATION PRESENTED IN THE CONCUSSION RECOGNITION AND SUDDEN CARDIAC ARREST (SCA) AWARENESS INFORMATION SHEETS.

Athlete Name (Printed)

Athlete Name (Signed)

Date

Parent Name (Printed)

Parent Name (Signed)

Date